

Relay Day Schedule

- 11:00 am Registration Starts
- 11:45 am Opening Ceremonies
- 12:00 noon Speed Race
- 1:00 pm Lunch
- Raffle and Silent Auction
- 2:00 pm Obstacle Course
- 3:00 pm Prizes and Closing Ceremonies

Provincial Sponsors



Provincial Presenting Sponsor



Provincial Registration Sponsor



Provincial Fastest Team Sponsor

Local Sponsors



Regional Sponsor



Kitchener Waterloo Wheelchair Relay Challenge

Saturday, September 25, 2010

Fairview Park Mall

Registration 11am

Race time 12noon

Build a Team

Rebuild a Life

Strengthen Your Community

Participate



For more information, contact

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What Is The Wheelchair Relay Challenge?

The Wheelchair Relay Challenge is an opportunity to raise awareness of Canadian Paraplegic Association (CPA) Ontario, our services and the abilities of the people in your community living with a spinal cord injury.

Teams of 5 may sign up to participate in the Challenge. Individuals may sign up as well and will be placed on a team at the event.

Each member of the team will wheel around the track and will be timed in relay fashion.

There will be prizes for most spirited, fastest time, most determined and highest pledges.

Children age 6 and up are welcome to put in teams. All participants on kids teams must wear a helmet.

How you can get involved in the Wheelchair Relay Challenge:

Build a team of 5 co-workers, friends, family, or clients to participate with you.

- If you can't participate, consider joining the Wheelchair Relay Challenge Virtual Team on-line or collect pledges on the attached pledge sheet
- If you can't participate, consider volunteering your time prior to the event or on event day-register here
- Sponsor the event-contact us for Sponsorship Packages.

The Wheelchair Relay Challenge is more than just a race. It's a wheelchair challenge for both able-bodied people and for people with a disability. It is an active, fun way for individuals and corporate teams to better understand the experience of using a wheelchair, while raising awareness and vital funds for those with spinal cord injuries or other physical disabilities.

Did You Know?

- A spinal cord injury can happen to anyone at any time... in an instant.
- The number one cause of traumatic spinal cord injuries is falls followed closely by vehicle accidents
- There are 350 - 400 new spinal cord injuries every year in Ontario (approximately one every day) and current estimates indicate that there are approximately 12,000 Ontarians living with spinal cord injury.
- Spinal cord injury affects family, friends, employers, community and the health care system.
- People can, and do, make a positive adjustment to life with a spinal cord injury given the right supports at the right time.
- On average, it takes 2 to 3 years to attain sufficient independence following a spinal cord injury.
- The number of people living with spinal cord injury and paralysis is growing. They are living longer, and facing health-related and quality of life issues as they age.

Register Your Team
Collect Pledges
Race

2010 marks the 65th year that CPA Ontario has been providing support and services for people with spinal cord injuries.

The Canadian Paraplegic Association Ontario assists individuals with spinal cord injuries and other physical disabilities achieve independence, self reliance and full community participation through programs like:

- Peer Support
- Regional Services
- Membership
- Advocacy
- Information Services
- Attendant Services

By supporting the Canadian Paraplegic Association Ontario you are supporting the goal of reaching 100% of people with spinal cord injuries through awareness of and advocacy for people with disabilities.

Fundraising Incentives

CPA Ontario appreciates all of the support of our participants in the Wheelchair Relay Challenge events across the province. Your hard work and support help us deliver services to our clients every day.

We want to reward you for your efforts with the following prizes:

- \$100-\$249 and receive a CPA Ontario Water Bottle
- \$250- \$499 and receive a \$25 Gift Card* + Water bottle
- \$500- \$749 receive a \$50 Gift Card* + Water Bottle
- \$750- \$999 receive a \$75 Gift Card* + Water Bottle
- \$1000- \$1999 receive a \$100 Gift Card* + Water Bottle
- \$2000+ V.I.P. Level receive a Gift Card* valued at 10% of monies raised + Water Bottle

*Gift Cards available.